



Lymphatic Health

Good Herbs Lymphatic Health is made with pure, unaltered, chemical-free natural herbs that provide lymphatic health support. The lymph system is known as the body drainage system, cleaning up after other systems in the body and important in the prevention of disease. Lymphatic Health contains a proprietary herbal blend of organic or wild-crafted herbs that support a healthy lymphatic system, spleen and skin.

BENEFITS OF LYMPHATIC HEALTH

Lymphatic comes from the Latin word *lymphaticus*, meaning “connected to water.” The lymph is a clear, colorless fluid containing white blood cells that helps rid the body of toxins, waste and other unwanted materials. It is a subset of the circulatory system and has many functions, some of which include: collecting and transporting tissue fluids from the intercellular spaces in all tissues of the body back to the veins in the blood system; has a role in returning plasma proteins to the bloodstream; manufactures antibodies and assists the body to build up an effective immunity to infectious diseases; filters our micro-organisms such as bacteria and toxins; transports large molecular compounds such as hormones and enzymes from where they are manufactured in the body to the bloodstream; and manufactures new lymphocytes in the lymph nodes. Our bodies contain about three times as much lymph as they do blood.

The herbs in this formula have been used for many years throughout history and together, they are powerful for the lymphatic system. Below are a number of applications appropriate for this formula:

- Supports healthy lymphatic cleansing, helping with lymphatic congestion
- Supports a healthy spleen
- Supports healthy circulation of lymphatic fluid
- Supportive of healthy skin
- Supports liver performance and bile secretion
- Promotes healthy eyes
- Supports healthy capillaries
- Feelings of tired, heavy, tense legs
- Nocturnal cramping of legs
- Soothes and helps normalize mucus membranes
- Helps build a strong immune system
- Helps with uric acid buildup
- Soothes lungs and brings up phlegm
- promotes healthy kidneys



SKU: USGH000009
Herbal Supplement

Supplement Facts		
Serving Size: 2 mL (approx. 1/2 tsp or 40 drops)		
Servings per Container: 60		
	Amount per Serving	%DV**
Proprietary Herbal Extract Blend	500 mg	**
(Oregon Grape Root, Horse Chestnut Seed, Marshmallow Root, Blue Flag Root, Mullein Leaf)		
** Daily Values (DV) not established.		

OTHER INGREDIENTS: Purified Water and Ethyl Alcohol. Percent Alcohol: 40% Ratio of herbs to solvent (grams herb/mL solvent): 1:4.

CAUTION: Bowels must be open and elimination regular. Begin slowly with the formula.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease

Marshmallow

It is a powerful anti-inflammatory for the joints and the gastrointestinal tract

Mullein

It loosens mucus and removes it out of the body. It relieves inflammation and nerves

Blue Flag

It stimulates and aids the liver in detoxification, it aids and cleanses the lymphatic system. It also benefits the kidneys and spleen

Oregon Grape

Tonic for all glands. It stimulates the action on the liver and is one of the best blood cleansers. It aids in the assimilation of nutrients. It is well known for the treatment of skin due to toxins in the blood

Horse Chestnut

Horse chestnut is an astringent, anti-inflammatory herb that helps to tone the vein walls. The plant also reduces fluid retention by increasing the permeability of the capillaries and allowing the re-absorption of excess fluid back into the circulatory system.